

http://www.bbc.co.uk/food/cuisines







You must create a 2-course meal for 1 person from an International country of your choice, it must be either a starter and a main or main and dessert. You must also investigate the country you have chosen Good Luck!!!

## <u>What is International</u> <u>Cuisine?</u>

 International cuisine is a style of cooking characterized by distinctive ingredients, techniques and dishes, and usually associated with a specific culture or geographic region. A cuisine is primarily influenced by the ingredients that are available locally or through trade. Religious food laws, such as Hindu, Islamic and Jewish dietary laws, can also exercise a strong influence on cuisine. Regional food preparation traditions, customs and ingredients often combine to create dishes unique to a particular region



• You must cook 2 dishes from an international country of your choice

• You must produce some information regarding that country

It must include:

- Capital City
  - Flag
- Population
- 5 Famous Dishes
- 3 Staple Foods
  - Celebrities

• It can be produced and attached to sheet on a A4 Piece of paper

Peer/Family Feedback Once you have completed your 2 dishes please take a photo and stick in the space below.





Explain and research in detail what is meant by International Cuisine

