Year 8 Homework Half Term 1: Food Safety and Skills

Task	+	++	+++
1	Cross-Contamination	Cross-Contamination	Cross-Contamination
	Produce a poster on cross- contamination.	Produce a poster on cross- contamination.	Produce a poster on cross- contamination.
	Describe what cross- contamination means.	Explain what cross-contamination means.	Explain in detail what cross- contamination means.
	Give examples of how we can prevent cross-contamination during food preparation.	Give examples of how cross- contamination can occur during food preparation, and clearly describe how cross- contamination can be prevented for each example	Discuss with examples how cross- contamination can occur during food preparation, relating your answer to the 4 C's.
2	Revision for test	Revision for test	Revision for test
	Revise the work we have covered so far on knife skills, methods of cooking and cross-contamination.	Revise the work we have covered so far on knife skills, methods of cooking and cross-contamination.	Revise the work we have covered so far on knife skills, methods of cooking and cross-contamination.

Steve has decided he would like to have a go at making bread. He has a few questions he needs answering first.

Take each of Steve's questions and give a FULL answer, using your knowledge of the principles of bread making to help you.

Dear Bake-Off,

I would like to become as good as Paul Hollywood when it comes to bread making, please could you help me, by answering these questions?

- 1. Is there a particular type of flour that I need to use to make bread? If so, why do I need to use that type of flour?
- 2. What is yeast? Why does it help in bread making?
- 3. Paul says you should not put yeast next to the salt in your bowl. Why is this?
- 4. Should I put cold or hot water in to mix up my ingredients? Does the temperature matter?
- 5. I have heard you need to knead bread. What is kneading and why is it important?
- 6. How long should I knead my bread for?
- 7. Do I put the bread straight in the oven when I have made it?
- 8. How can I tell if my breads is cooked?
- 9. How can I make my plain dough more interesting?
- 10. What about breads from other countries? Could you give me a recipe idea for a more unusual bread?